

# stratford high school

## 2022-2023 Tryout Process

### Applications:

#### CHEER & MASCOT APPLICANTS

A Parent/Guardian MUST Attend one of the mandatory Tryout Meetings:

- Tuesday 2/22 @ 6:00pm on ZOOM
- Wednesday 2/23 @6:00pm at the SHS Library

Cheer/Mascot Tryout Application + Paperwork (Due by 3:30pm on Friday 3/4):

- STEP 1: Submit application online
- STEP 2: Complete signature pages; These will be emailed to you after you submit the application
- STEP 3: Complete RankOne paperwork online
- STEP 4: Email or hand in your physical and progress report 6 to Coach Jones

\*\*If you have a physical from last year dated AFTER April 1, 2021 you may use that one for tryouts

#### CHEER MANAGER APPLICANTS

A Parent/Guardian MUST Attend one of the mandatory Tryout Meetings:

- Tuesday 2/22 @ 6:00pm on ZOOM
- Wednesday 2/23 @6:00pm at the SHS Library

Cheer Manager Tryout Application + Paperwork (Due by 3:30pm on Friday 3/25):

- STEP 1: Submit application online
- STEP 2: Complete signature pages; These will be emailed to you after you submit the application

#### Cheer Manager Prerequisites

- You must be a returning cheerleader from the previous 21-22 season (doesn't matter what squad)
- You must be an incoming senior
- You must have a schedule that will allow you to take part in all necessary cheer/spirit events
- You may tryout for cheerleader/mascot AND manager if you would like, but if you make the cheer team your application for manager will be disregarded
- Up to 2 managers will be selected

# Cheer/Mascot Tryout Clinic + Tryouts:

Tryout Fee (Due by the first day of clinic on 3/8 or you can pay before in room 230)

- \$30 cash or check payable to "Stratford Cheer Booster Club"

Tryout Clinic @ SHS Gym (Closed to the Public):

- The tryout clinic is **MANDATORY** for those auditioning to become an SHS cheerleader or mascot
- Parents dropping off may not enter the building
- Candidates must wear a white athletic top, any color athletic shorts, and cheer shoes or sneakers each day
- Absolutely no jewelry allowed
- Nails should be a neutral color and at an appropriate length to avoid injury
- Hair should be pulled back in a ponytail; NO bows
- Please bring your own water bottle; No snacks or food allowed
- The clinic (Tues 3/8 and Wed 3/9) will be from 4:30PM-6:30PM at Stratford High School
  - Tuesday: Learn the required tryout material (cheer and dance) in competition gym
  - Wednesday: Mock tryouts and critiques, final review of material, and Q&A's in competition gym

*Videos of the tryout cheer/dance will be posted on <https://linktr.ee/shscheer> on Tuesday following clinic*

Tryouts (Closed to the Public):

- Tryouts will be held in the competition gym at Stratford High School on Thursday March 10<sup>th</sup>
- Candidates will meet in the middle gym starting at 4:30 PM to stretch and warm-up
- Tryouts will begin promptly at 5:00 PM and will last until the last athlete has performed
  - Order of tryouts: Mascot candidates, male cheer candidates, female cheer candidates
  - You may leave when your tryout is finished

## What to Wear to Tryouts?

Female Cheer Candidates - WHITE athletic top, BLACK athletic shorts or spunks, and cheer shoes or athletic sneakers. Your hair must be in a ponytail and UP and out of your face completely. **Do NOT wear a bow**. Absolutely NO JEWELRY.

Male Cheer Candidates - WHITE athletic shirt and BLACK athletic shorts with cheer shoes or athletic sneakers. Absolutely NO JEWELRY of any kind, this includes watches.

Mascot Candidates – Dress in costume determined by your proposed skit. Please only wear athletic footwear.

Returning Cheerleaders – You may NOT wear ANY clothing relating to Stratford Cheer. This includes bows.

***If you are an all-star cheerleader, do NOT wear ANYTHING that indicates so***

## What will Tryouts Look Like?

- On the first day of clinic each candidate will draw to determine their tryout number and tryout group
- Cheerleading candidates will be screened individually for each category except for dance
- Mascot candidates will be screened individually for their skit, but props, music and additional actors are permitted (including cheer tryout candidates)
- The order of cheerleading tryouts will be:
  - Enter with your tryout group
  - Each candidate will begin their individual tryout in numerical order
  - Start by spiriting to the mat
  - Present tumbling (both running and/or standing in order of your choice)
  - Jump Sequence (toe touch + pike + hurdler of your choice)
  - Cheer
  - Wait until all candidates in your group have completed the individual portion
  - Dance as a group (with masks)

***Judges will be looking for authentic spiriting in between each category above as you would use during a game day performance (including group dance). Choreographed spiriting routines will not be permitted.***

## What will the Scoring Consist of?

- The judge's rubric will be shared on the first day of tryout clinic
- Certified NCA and/or UCA judges will be evaluating the skill aspect of tryouts
- Teacher recommendations and a tryout clinic evaluation will also be included in the overall tryout score
- Scores and rankings are absolutely confidential known only by judges, coaches, and administrators
- The Varsity and Junior Varsity squads will be determined by the natural break
- Incoming Freshmen candidates may ONLY make JV; Incoming Senior candidates may ONLY make varsity

***Results will be posted on Friday, March 11<sup>th</sup> by 4:00 PM at <https://linktr.ee/shscheer>***